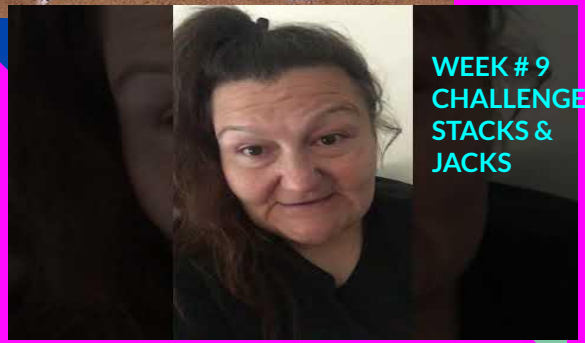


Welcome to Miss Valenti's Physical Education Class !!!

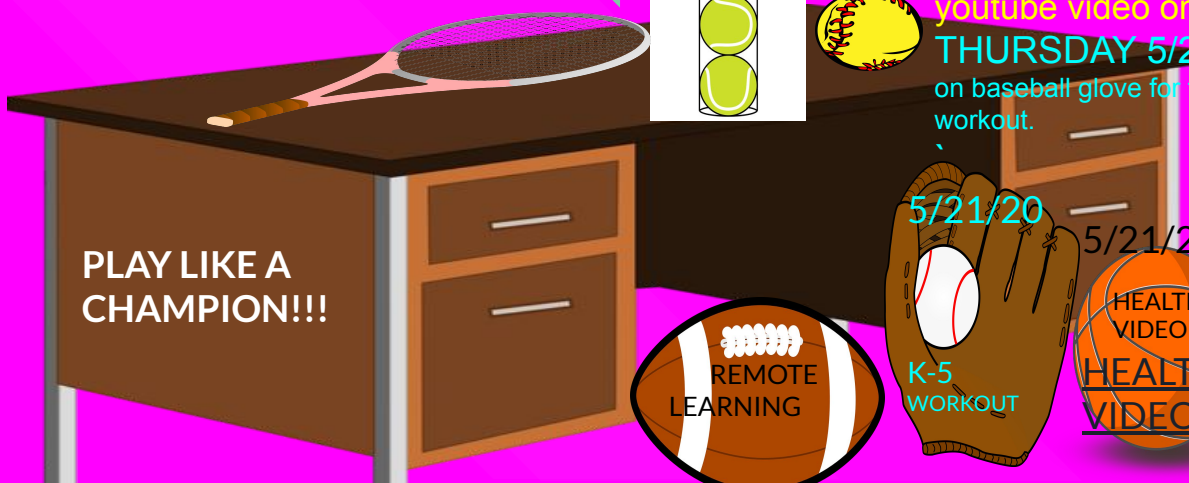




Please complete all the exercises/activities and email them to me @Jvalenti@qboe.org. You can click on the football for the activities and the basketball for today's (5/21/20) health video. You can watch this week's challenge by clicking the youtube video on the left.

THURSDAY 5/21/20 -click on baseball glove for today's workout.

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5/21/20

5/21/20

HEALTH VIDEO

