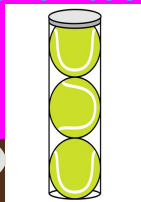


Believe
In
Yourself

Welcome to Miss Valenti's Physical Education Class !!!

Please complete all the exercises/activities and email them to me @ jvalenti@nboe.org. You can click on the football for the activities and the basketball for THE NEW health video of the week. You can watch this week's challenge by clicking the youtube video on the left. **Tuesday June 9, 2020.** click on baseball glove for today's workout.

NEVER
GIVE UP



PLAY LIKE A
CHAMPION!!!

