

Believe
In
Yourself

Welcome to Miss Valenti's Physical Education Class !!!

NEVER
GIVE UP

Please complete all the exercises/activities and email them to me [@Jvalenti@gboe.org](mailto:Jvalenti@gboe.org). You can click on the football for the activities and the basketball for a health video. You can watch this week's challenge by clicking the youtube video on the left. Monday June 1, 2020. -click on baseball glove for today's workout.

Week
CHALLENGE

CARD
FITNESS



6/1/20

6/1/20

PLAY LIKE A
CHAMPION!!!

REMOTE
LEARNING

K-5
WORKOUT

HEALTH
VIDEO
HEALTH
VIDEO

